

# MARRIAGE RESOURCE

This intent of this booklet is to provide  
our church members resources that may  
be of help.

# **Marriage Resources**

## **Oakwood Counseling Center**

176 S. Hickory Ave  
New Braunfels, TX 78130  
\$50 per hour

The Oakwood Counseling Center was established through prayer and a desire to provide Christ-centered professional counseling to Oakwood, New Braunfels, and the surrounding communities. Our licensed contract counseling staff offers a program that is clinically professional and distinctly Christian. Each counselor is a dedicated Christian who incorporates a strong balance of both spiritual and clinical care, and each utilizes and teaches proven biblical principles that relate to difficult life situations and issues. Our counselors are all personally committed to providing quality, biblically based care. Treatment includes an initial assessment and evaluation, followed by individual, marital, and/or family counseling. Our counselors are experienced in treating children, adolescents, and adults.

## **Hope for Life Ministry and Counseling**

Steve Leavitt

- Steve is a graduate of Dallas Theological Seminary with a Master of Arts degree in Biblical Counseling.
- He has 20 years' experience in counseling youth, families and marriages.

1619 E. Common St #1004

New Braunfels, TX 78130  
(830) 620-4673

### Membership Associations

- Member of Association of Biblical Counselors
- Therapon Institute-Certified Belief Therapist
- Member of American Society of Christian Therapist
- ASCT (Certified Christian Marriage and Family Therapist)

## **Central Texas Professional Counseling**

Cheryl Duke, MA, NCC, LPC-S  
542 Comal Ave  
New Braunfels, TX 78130  
(830) 629-2300  
\$90 HR

Cheryl provides comprehensive counseling services for individuals (adults, children or adolescents), couples, families, and groups.

### **Randolph Sanders, PhD**

555 S Interstate 35 #422  
New Braunfels, TX 78130  
Phone: [\(830\) 620-7377](tel:8306207377)

### **Oak Hills Church Counseling Center**

Phone: 210.698.4620  
Offices are located at the Crownridge campus across the street from the church.

Session fees are structured to be affordable and are based on family, yearly income. The cost ranges from \$40 to \$80, payable in cash or check. Professional Christian counseling services are available by appointment for adults, children, individuals, and couples. Our licensed counselors work from a biblically-based, solution-focused process, guided by the Holy Spirit and informed by Scripture, to bring about healing, spiritual formation and Christ-centered living.

**Mark Burns, MD - Geriatric Psychiatrist**

189 E Austin St # 105  
New Braunfels, TX 78130  
Phone: [\(830\) 606-0955](tel:8306060955)

**Caroline Batenburg, MD - Child & Adolescent Psychiatrist**

189 E Austin St # 105  
New Braunfels, TX 78130  
Phone: [\(830\) 606-0955](tel:8306060955)

**Love Reboot – Oak Hills Church**

(210) 201-5823  
[www.agrowinglove.com](http://www.agrowinglove.com)

“A weekend renewal ***for relationships and marriages in crisis—either partner is considering divorce, there has been a recent or ongoing affair, the couple is currently separated.*** Love Reboot not only saves marriages, it provides a pathway to an even stronger and fulfilling relationship than before. Learn how in this seminar, an intense “emergency room” treatment. \$700 fee.

## **IN-HOUSE RESOURCES**

### **The Art of Marriage**

Life Group – Martinez  
Fall season  
Free

“For more than three decades, FamilyLife® has been helping couples understand God’s plan for relationships. In The Art of Marriage®, we weave together expert teaching, engaging stories, man-on-the-street interviews, humorous vignettes, and more to portray both the challenges and the beauty of God’s design.

The Art of Marriage is conducted over a 6-week life-group sessions: The video sessions cover the following topics:”

#### **Session 1: Love Happens (Purpose of Marriage)**

- God designed marriage and has a great plan in mind.
- The primary purpose of marriage is to reflect God’s glory to a watching world.
- It is important to receive your mate as God’s perfect gift for you.

#### **Session 2: Love Fades (Drift to Isolation)**

- Couples naturally drift toward isolation.
- Our differences and weaknesses push us apart.
- Sin has affected every marriage.

- The gospel brings healing and reconciliation.
- Couples must learn to walk by the power of the Holy Spirit in marriage.

### **Session 3: Love Dances (Roles)**

- God designed different responsibilities for men and women in marriage.
- Though their responsibilities are different, men and women are still equal in value.
- God calls men to sacrificially love and lead their wives.
- God calls women to respect and support their husbands.

### **Session 4: Love Interrupted (Communication)**

- Conflict is common to all marriages.
- The goal is not to be conflict-free but to learn to handle conflict correctly when it occurs.
- Healthy conflict resolution occurs when couples are willing to seek and grant forgiveness.

### **Session 5: Love Sizzles (Romance and Sex)**

- God created sex and has a wonderful design in mind.
- A satisfying sex life is the result of a satisfying marriage relationship.
- The ultimate purpose of sex is to bring pleasure and glory to God.

### **Session 6: Love Always (Legacy)**

- To leave a godly legacy, we must think about the impact of our lives on future generations.
- Our hope for leaving a lasting legacy is through the gospel of Jesus Christ.
- Leaving a godly legacy requires putting a stake in the ground.

[www.familylife.com/theartofmarriage](http://www.familylife.com/theartofmarriage)

## **Love and Respect Series and book resources**

[www.loveandrespect.com](http://www.loveandrespect.com)

Excerpt from their website: "We conduct conferences and provide resources to the married, divorced, separated, dating and single. Men and women will learn how to resolve conflict, dealing with the negative reactions (the crazy cycle). They will also learn how to motivate each other by meeting each other's need (the energizing cycle). Even those who feel hopeless in their relationships will gain understanding on how to handle an indifferent or unresponsive partner (the rewarded cycle).

Each cycle centers on two concepts: love and respect. These two words surface in social research and the bible (Ephesians 5:33) as the two key ingredients for a successful marriage. From our research, those attending the Love and Respect conference, watching the Love and Respect DVD in small groups, or reading the Love and Respect resources, are experiencing understanding, forgiveness, reconciliation, change, and hope.

Through personal enrichment, they go on to minister to others in small groups.”

Disclaimer:

If you have any specific questions about any medical matter you should consult your doctor or other professional healthcare provider. If you think you may be suffering from any medical condition, you should seek immediate medical attention. The information provided in this booklet is provided without any representations or warranties, express or implied, and you should interview the professional listed in this booklet to determine if their services is suitable for you and/or your family.

In-house resources serve the church family as a ministry of the church and are not certified, State licensed medical professionals but provide church pastoral care to members.